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✈ Mallorca Tennis Camp 2026 – Report 🥂



Mallorca Tennis Camp 2026 (October 22–25) is now in the books, and what a fantastic few days it was! We were blessed with perfect weather, bright blue skies and plenty of sunshine, which made every training session and match a joy. Playing on red clay under the palm trees, we trained, played matches and enjoyed every moment. The days were full of tennis, good food, laughter and great company on and off the court. Thank you to everyone who joined us – you made it unforgettable! Camp 2027 is already on our minds. Stay tuned and see you in Mallorca again!

🎾 Tennis Tips: Playing in the Cold

- **Warm up longer.** Cold muscles get injured more easily. Add 5–10 minutes of light jogging and dynamic stretching before you hit.
- **The ball plays differently.** In cold air the ball bounces lower and flies slower, so take smaller steps and prepare your racket earlier.
- **Dress in layers.** Take layers off as you warm up, and put a jacket on during breaks so you don't cool down.
- **Keep drinking water.** You still sweat in winter, even if you don't feel thirsty.
- **Cool down and stretch.** A few minutes of gentle stretching after play keeps your legs fresh and helps you be ready for the next lesson.
- **Quick tip: split step.** Do a small hop just as your opponent hits the ball. It helps you push off faster in any direction.

Winter Hit Class

Our Winter Hit Class continues every Monday at 19:00! Choose a 10-session or a 5-session ticket and join whenever it suits you, with no obligation to come every week. Want to play twice a week? Add a Hit Class! It is a great way to hit lots of balls, build consistency and practise what you learn in your regular lesson.



Team Wear Available!

Our new tennis wear combines comfort, style and freedom of movement. The pocketed shorts are especially easy for junior players to move in. Order here.

Questions?

Lessons, camps, competition or anything else: please email us at info@konishisports.com. We look forward to seeing you on court!

